

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions from 1 to 5.

Students who stay up all night to cram for an exam are doing themselves more harm than good, according to research into the link between sleep and memory published yesterday.

Scientists at Harvard Medical School discovered that people who deprive themselves of sleep so that **they** can study until the last minute are unlikely to remember anything that would improve their performance while suffering the crippling effects of **fatigue**. The scientists found that the brain needs good-quality sleep immediately after practicing a task if it is to learn to improve at it. Those who substitute study for sleep, particularly those who miss deep or “slow-wave” sleep will get little benefit from their extra effort.

The findings, published in Nature Neuroscience, add to a growing body of evidence that sleep is vital to the learning process. The results, Professor Stickgold said, suggest that a good night’s sleep immediately after learning is “absolutely required” to embed new skills in the memory. “We think that the first night’s sleep starts the process of memory consolidation,” he said. “It seems that memories normally wash out of the brain unless some process nails them down. My suspicion is that sleep is one of those things that nails them down.”

(Adapted from Focus on IELTS by Sue O’Connell)

Question 1. What could be the best title for the passage?

- A. Tips to Succeed on Exam Day
- B. Sleep Better than Midnight Oil on Eve of Exams
- C. Pressure among Students at School
- D. A Good Sleep at Night

Question 2. Which of the following is NOT mentioned, according to the passage?

- A. Sleep is the only thing that can help a learner process new information.
- B. A good night’s sleep is vital if a person wants to improve their memory.
- C. Sleep kickstarts a process of memory retention.
- D. It’s not a good idea for students to stay up late to study for their exams.

Question 3. According to paragraph 2, what did the Harvard Medical School discover?

- A. ‘Deep sleep’ isn’t essential for studying and memory collection.
- B. People will have a better memory if they don’t get enough sleep.
- C. Those who study instead of sleeping have little chance of passing their exams.
- D. Exhaustion is the biggest reason why students fail their exams.

Question 4. The word “**they**” in paragraph 2 refers to _____.

- A. people
- B. effects
- C. scientists
- D. students

Question 5. The word “**fatigue**” in paragraph 2 is closest in meaning to _____.

- A. tiredness
- B. happiness
- C. sadness
- D. boredom

Mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the following questions.

Question 6. Do you think that N95 masks are _____ for COVID than KN95s?

- A. better
- B. good
- C. the best
- D. best

Question 7. My grandmother used to tell me to put aside some money for a _____ day.

- A. windy
- B. rainy
- C. foggy
- D. snowy

Question 8. If you’re not completely _____ with an order of goods you received, we’ll refund your money.

- A. satisfaction
- B. satisfyingly
- C. satisfy
- D. satisfied

Question 9. She will have read every magazine in the waiting room _____.

- A. when the dentist arrived
- B. as soon as the dentist arrived
- C. after the dentist had arrived
- D. before the dentist arrives

Question 10. An _____ teacher is someone who can motivate students to learn and to work according to their interests to achieve their potential.

- A. effectively
- B. effect
- C. effectiveness
- D. effective

Question 11. The children found a big pearl while they _____ a sandcastle on the beach.

- A. were building
- B. build
- C. built
- D. are building

Question 12. The characters in his fiction are _____ imaginary, but readers can always find them familiar.

- A. entirely B. utterly C. barely D. purely

Question 13. My parents always advise me _____ very carefully before making any decision.

- A. to thinking B. think C. to think D. thinking

Question 14. Plastic bags are harmful to the environment, _____?

- A. weren't they B. aren't they C. don't they D. didn't they

Question 15. IELTS is one of the most prestigious _____ in Vietnam, lots of universities set IELTS results as the entry criteria or graduation conditions for students.

- A. degrees B. diplomas C. qualifications D. certificates

Question 16. The tourists are much interested _____ Ha Long Bay's breathtaking landscapes and geographical values.

- A. about B. from C. in D. of

Question 17. Most animated features _____ by the Walt Disney studios are interesting.

- A. are produced B. were produced C. produced D. producing

Question 18. Many people believe that eggs _____ at room temperature for ideal consumption.

- A. stored B. are storing C. should be stored D. should store

Question 19. Tom was late for the meeting as he was _____ in the traffic for more than an hour.

- A. put off B. built up C. held up D. taken over

Question 20. Duolingo is _____ free app for learning foreign languages through quick, bite-sized lessons.

- A. a B. Ø C. an D. the

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) CLOSEST in meaning to the underlined word(s) in each of the following questions.

Question 21. Monarch butterflies are now an endangered species due to climate change.

- A. protected B. threatened C. reduced D. disappeared

Question 22. We couldn't make out what Daniel had talked about as we weren't used to his accent.

- A. write B. observe C. understand D. discover

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct word that best fits each of the numbered blanks from 23 to 27.

Superstitions still play an important part of life for many people in Viet Nam. For example, a lot of people choose a favorable date for occasions such as weddings, funerals, or house moving days. Some people may argue that being superstitious has no place in today's society. (23) _____, superstitions have existed in all human societies throughout history. As a country (24) _____ in Asia, where many mysteries and legends originate, Viet Nam has also kept various superstitious beliefs about daily activities.

There are numerous rituals related to daily activities. During the Vietnamese New Year, for example, many people believe that the first person (25) _____ visits their home on the first day of the new year will affect their life. Thus, they try to choose this person very carefully. If this person is rich, prestigious, or happy, the family will have good (26) _____ that year. People also believe that if you sweep the floor during the first three days of the festival, you may sweep out any wealth. For (27) _____ things, such as setting out for an examination or starting up a business venture, people will try to avoid crossing the path of a woman as this may not bring good luck to them.

(Adapted from Tiếng Anh 10 thi diem)

- Question 23.** A. Although B. However C. Therefore D. Moreover
Question 24. A. united B. connected C. situated D. assimilated
Question 25. A. whom B. which C. whose D. who
Question 26. A. treasure B. capital C. fortune D. inheritance
Question 27. A. other B. others C. the other D. the others

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that best completes each of the following exchanges.

Question 28. Brian and Sofia are in a café.

- Brian: "Would you like to have noodles, spaghetti, or something different?"

- Sofia: " _____ "

- A. Anything will do. B. Yes, please. C. Never mind. D. Not at all.

Question 29. Mary and Hoa are at the party.

- Mary: "You look so beautiful in that dress."

- Hoa: " _____ "

"Chúng ta có thể làm được, đừng bỏ cuộc nhé"

- A. Of course not, but thank you anyway.
C. Thank you. I made it myself.

- B. I don't think so.
D. There's no doubt about it.

Mark the letter A, B, C or D on your answer sheet to indicate the word(s) OPPOSITE in meaning to the underlined word(s) in each of the following questions.

Question 30. She is too wet behind the ears to be in charge of such a demanding task.

- A. without money
C. full of experience
- B. lack of responsibility
D. full of sincerity

Question 31. When people are angry, they seldom act in a rational way.

- A. dissatisfied
B. impolite
- C. inconsiderate
D. unreasonable

Mark the letter A, B, C or D on your answer sheet to indicate the word that differs from the other three in the position of primary stress in each of the following questions.

Question 32. A. sacrifice B. encourage C. advocate D. stimulate

Question 33. A. common B. instance C. project D. support

Mark the letter A, B, C or D on your answer sheet to indicate the underlined part that needs correction in each of the following questions.

Question 34. There has been a partial eclipse of the sun next Sunday.

- A B C D

Question 35. He was so embarrassed of cheating on the test that he went and told the teacher about it.

- A B C D

Question 36. Milk tea is known for its relaxing qualities, but drinking too much of them might have the

- A B C

opposite effect and increase your anxiety.

D

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that best combines each pair of sentences in the following questions.

Question 37. My son doesn't have practical life skills. He can't solve most problems by himself.

- A. Provided that my son has practical life skills, he would solve most problems by himself.
B. If my son had practical life skills, he could solve most problems by himself.
C. If only my son had practical life skills, he could have solved most problems by himself.
D. If my son had had practical life skills, he could have solved most problems by himself.

Question 38. My father started mowing the lawn. Then it started raining.

- A. No sooner had my father started mowing the lawn than it started raining.
B. Only after it started raining did my father start mowing the lawn.
C. Hardly my father had started mowing the lawn when it started raining.
D. Not until it started raining did my father started mowing the lawn.

Read the following passage and mark the letter A, B, C or D on your answer sheet to indicate the correct answer to each of the questions from 39 to 45.

Nowadays, most people realize that it's risky to use credit card numbers online. However, from time to time, we all use passwords and government ID numbers on the Internet. We think we are safe, but that may not be true. A new kind of attack is being used by dishonest people to steal IDs and credit card numbers from innocent web surfers. This new kind of attack is called "phishing".

Phishing sounds the same as the word "fishing," and it implies that a thief is trying to seduce people into giving away valuable information. Like real fishermen, phishers use bait in the form of great online deals or services. For example, phishers might use fake emails and false websites to con people into revealing credit card numbers, account usernames, and passwords. They imitate well-known banks, online sellers, and credit card companies. Successful phishers may convince as many as five percent of the people they contact to respond and give away their personal financial information.

Is this really a big problem? Actually, tricking five percent of the online population is huge! Currently, more than 350 million people have access to the Internet, and seventy-five percent of those Internet users live in the wealthiest countries on Earth. It has been estimated that phishers send more than three billion scam messages each year. Even by tricking only five percent of the people, phishers can make a lot of money.

Since there is so much money to make through this kind of scam, it has caught the interest of more than just small-time crooks. Recently, police tracked down members of an organized phishing group in Eastern Europe, who had stolen hundreds of thousands of dollars from people online. The group created official-looking email messages requesting people to update their personal information at an international bank's website. However, the link to the bank in the message actually sent people to the phishers' fake

"Chúng ta có thể làm được, đừng bỏ cuộc nhé"

website. To make matters worse, further investigation **revealed** that this group had connections to a major crime gang in Russia.

How can innocent people protect themselves? Above all, they have to learn to recognize email that has been sent by a phisher. Always be wary of any email with urgent requests for personal financial information. Phishers typically write upsetting or exciting, but fake, statements in their emails so that people will reply right away. Also, messages from phishers will not address recipients by name because they really don't know who the recipients are yet. On the other hand, valid messages from your bank or other companies you normally deal with will typically include your name.

(Adapted from Reading Challenge 3 by Casey Malarcher and Andrea Janzen)

Question 39. What does the word "**their**" in paragraph 2 refers to?

- A. web users B. internet sellers C. successful phishers D. fake mails

Question 40. The word "**seduce**" in paragraph 2 is closest in meaning to _____.

- A. lure B. generate C. perceive D. predict

Question 41. What is the passage probably about?

- A. Credit card numbers online.
B. Government ID numbers and passwords on the Internet.
C. A new type of internet attack.
D. Web surfers and online risks.

Question 42. The word "**revealed**" in paragraph 4 mostly means _____.

- A. determined B. suppressed C. showed D. concealed

Question 43. What does the writer imply in the last paragraph?

- A. You ought to ask Internet experts before replying to urgent financial messages.
B. You should seriously consider the senders' names before replying to their emails.
C. You shouldn't answer any urgent financial messages without your name.
D. You should answer all messages related to your personal financial information.

Question 44. According to paragraph 3, why are only 5% of online users tricked a big problem?

- A. Because those five percent of the Internet users are the wealthiest.
B. Because three-fourths of the Internet users are the richest.
C. Because three-quarters of the Internet users are from the wealthiest countries.
D. Because more than 350 billion Internet users are from rich country.

Question 45. The following statements are true, EXCEPT _____.

- A. Recipients are requested to update their personal information through a foreign bank.
B. The number of scam messages sent to the Internet users is nearly three billion a year.
C. Phishers created a fake international bank's website to deceive the richest nations.
D. Victims are deceived because of replying to the phishers' email requirements.

Mark the letter A, B, C or D on your answer sheet to indicate the word whose underlined part differs from the other three in pronunciation in each of the following questions.

Question 46. A. thin B. than C. those D. there

Question 47. A. kind B. pink C. nice D. wild

Mark the letter A, B, C or D on your answer sheet to indicate the sentence that is closest in meaning to each of the following questions.

Question 48. Perhaps Victor didn't register for the seminar.

- A. Victor may not register for the seminar. B. Victor can't have registered for the seminar.
C. Victor might not have registered for the seminar. D. Victor mustn't register for the seminar.

Question 49. "Why didn't you come to my farewell party yesterday, Mary?" asked Tom.

- A. Tom asked Mary why she hadn't come to my farewell party the day before.
B. Tom asked Mary why she hadn't come to his farewell party the day before.
C. Tom asked Mary why she didn't come to my farewell party yesterday.
D. Tom asked Mary why she didn't come to his farewell party yesterday.

Question 50. Jessica started learning Korean months ago.

- A. Jessica last learned Korean months ago. B. It was months since Jessica learned Korean.
C. Jessica hasn't learned Korean for months. D. Jessica has learned Korean for months.