

**SỞ GIÁO DỤC VÀ ĐÀO TẠO
LẠNG SƠN**

ĐỀ THAM KHẢO

**KỶ THI TUYỂN SINH LỚP 10 THPT
NĂM HỌC 2026 - 2027**

Môn thi: Tiếng Anh
(Đề thi gồm 4 trang, 8 phần)
Thời gian làm bài: 60 phút

I. Khoanh tròn A, B, C hoặc D tương ứng với từ có phần gạch chân được phát âm khác với phần gạch chân của các từ còn lại. (1,0 điểm)

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|--------------|-------------|-----------|-------------|
| 1. A. house | B. cloud | C. group | D. mouth |
| 2. A. needed | B. happened | C. wanted | D. included |
| 3. A. heavy | B. honest | C. happy | D. healthy |
| 4. A. sign | B. high | C. live | D. mind |

II. Khoanh tròn A, B, C hoặc D tương ứng với đáp án đúng nhất để hoàn thành các câu dưới đây. (2,0 điểm)

- While I _____ to school yesterday, I met my old friend from primary school.
A. walk B. am walking C. was walking D. have walked
- She is very fond _____ collecting stamps and old coins.
A. in B. at C. of D. with
- If he _____ speaking English every day, he can improve his English pronunciation.
A. practises B. will practice C. could practise D. practised
- That's the man _____ helped me fix my bike last week.
A. which B. who C. where D. whose
- The countryside is much _____ than the city, so many people want to move there.
A. noisier B. more peaceful C. busier D. more polluted
- The meeting was delayed because the manager's car _____ on the way to the office.
A. broke down B. broke into C. broke off D. broke out
- The students felt very _____ after taking the long and difficult exam.
A. exhausted B. exciting C. amazed D. boring
- Mary: "Could you please show me the way to the post office?"
- Tom: "_____."
A. Yes, it's over there, on your left B. Thank you very much
C. No, I couldn't D. Yes, I'm fine

III. Điền vào chỗ trống dạng đúng của từ cho sẵn ở cuối câu để hoàn thành các câu dưới đây. (1,0 điểm)

- My friends are interested in the _____ beauty of Ha Long Bay. (NATURE)
- Last week, we _____ a lot of old books for disadvantaged children. (COLLECTION)
- My sister is wearing a T-shirt of the latest model. She always dresses _____. (FASHIONABLE)
- Watching TV is a popular form of _____. (ENTERTAIN)

IV. Khoanh tròn A, B, C hoặc D tương ứng với đáp án đúng nhất cho mỗi chỗ trống trong đoạn văn dưới đây. (1,5 điểm)

Technology (1) _____ an important part of modern life. Indeed, the rapid advancements we see daily mean that many people simply can't imagine navigating a day without their smartphones, (2) _____ connect them to vast networks of information and communication across the globe. Just a few decades ago, people (3) _____ letters or relied on slow telephone calls to communicate; now, the simple tap of a finger allows them to send a message, share a photo, or video call anyone instantly. Furthermore, technology also makes the process of learning (4) _____ than ever before, largely because students can access a boundless ocean of educational resources and current information online. However, we must acknowledge the downside: excessive screen time can seriously harm our physical and mental health. Therefore, everyone (5) _____ to consciously balance their online engagements with offline activities, such as exercise or spending time with family. If we (6) _____ to use technology wisely and intentionally, it will make our lives significantly better.

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|--------------|--------------|--------------|----------------|
| 1. A. is | B. are | C. was | D. were |
| 2. A. which | B. who | C. where | D. when |
| 3. A. send | B. will send | C. sent | D. have sent |
| 4. A. easier | B. easy | C. less easy | D. the easiest |
| 5. A. have | B. has | C. having | D. had |
| 6. A. deny | B. refuse | C. manage | D. succeed |

V. Đọc đoạn văn sau và chọn đáp án đúng nhất bằng cách khoanh tròn A, B, C hoặc D tương ứng cho mỗi câu dưới đây. (1,5 điểm)

Teenagers today are busier than ever. Between school, homework, part-time jobs, and social media, many teens find it difficult to live a healthy lifestyle. However, staying healthy during these years is extremely important. Good habits built in adolescence often continue into adulthood.

Experts say that teenagers should sleep for about eight to ten hours every night. Unfortunately, most teens get only six or seven hours of sleep. Lack of sleep can make it hard to **concentrate** in class and can even lead to stress or mood problems. To stay healthy, teens should avoid using their phones late at night and try to go to bed at the same time every day.

Eating habits are another key part of health. Many young people skip breakfast or eat fast food because they are in a hurry. Nutritionists suggest that a balanced diet should include fruits, vegetables, whole grains, and enough water.

Exercise is also important. Teens should do at least 60 minutes of physical activity each day. **It** could be walking, playing sports, or simply dancing to music. Staying active helps not only the body but also the mind.

Healthy living isn't about being perfect; it's about making small, smart choices every day.

1. What is the main idea of the passage?

- A. Teenagers should focus only on doing exercise.
- B. Teenagers are too busy to care about their health.
- C. Adults should teach teens how to eat properly.
- D. Good health for teens depends on combined factors.

2. The word "**concentrate**" in paragraph 2 is closest in meaning to _____.

- | | | | |
|----------|----------|----------|---------|
| A. relax | B. focus | C. sleep | D. talk |
|----------|----------|----------|---------|

3. The word "**It**" in paragraph 4 refers to _____.

- | | | | |
|-------------|---------|-----------|-------------|
| A. exercise | B. food | C. health | D. activity |
|-------------|---------|-----------|-------------|

4. According to the passage, what do many teens do because they are in a hurry?

- A. Sleep more hours
- C. Drink a lot of water

- B. Skip breakfast
- D. Avoid using phones

5. What do experts suggest about sleep?

- A. Teens should sleep for six hours.
- B. Teens should sleep for about eight to ten hours.
- C. Teens should stay up late for homework.
- D. Teens should use their phones before sleeping.

6. Which of the following statements is TRUE?

- A. Exercise only helps the body, not the mind.
- B. Teens should eat more fast food to save time and have more energy.
- C. Staying active is good for both body and mind.
- D. Communities become stronger when people care for each other.

VI. Khoanh tròn A, B, C hoặc D tương ứng với phần gạch chân chứa lỗi sai trong mỗi câu dưới đây. (1,0 điểm)

1. The students were very excite when they heard the good news about their exam results.

A B C D

2. He has went to Ha Long Bay twice this year with his family.

A B C D

3. Although she was very tired, but she tried to finish her homework before going to bed.

A B C D

4. We should discuss the plan carefully before making the final decide.

A B C D

VII. Khoanh tròn A, B, C hoặc D tương ứng với câu phù hợp nhất từ những từ/cụm từ gợi ý cho sẵn. (1,0 điểm)

1. *Since / move / new city / she / not call / old friends / .*

- A. Since she moves to the new city, she didn't called her old friends.
- B. Since she moved to the new city, she hasn't called her old friends.
- C. Since she moved to the new city, she didn't call old friends.
- D. Since she has moved to the new city, she didn't call her old friends.

2. *If / they / not hurry / they / miss / last bus / .*

- A. If they don't hurry, they would miss the last bus.
- B. If they didn't hurry, they miss the last bus.
- C. If they don't hurry, they will miss the last bus.
- D. If they won't hurry, they will miss the last bus.

3. *The scientist / who / win / Nobel Prize / be / our professor / .*

- A. The scientist who winning the Nobel Prize is our professor.
- B. The scientist, who won Nobel Prize, is our professor.
- C. The scientist, who won the Nobel Prize, is our professor.
- D. The scientist who he won the Nobel Prize is our professor.

4. *My father / used to / take / us / picnic / every Sunday / .*

- A. My father used to take us to the picnic every Sunday.
- B. My father is used to take us on a picnic every Sunday.